Hello, everyone. The HSC continues for our Year 12 students and we keep praying for their success. The exams, for the most part, have been reasonably well received and have given students an opportunity to showcase their knowledge, which is all that can be asked for. We look forward to our students’ achievements with some confidence, in the knowledge that they have worked well and given their utmost. As will always be the case, there are a few students contemplating what might have been achieved if they had begun to work more strenuously slightly earlier in the piece. This is a timely reminder to all students in every year at the College that there is no moment like the present to begin working hard and to always do your best. No student has ever regretted working to the best of their ability. We have an obligation to use the talents that God has blessed us with to the best of our ability.

Over the course of this term, we have been encouraging families to contribute towards Fr. Shenouda’s Christmas Appeal. Fr. Shenouda and his team do some amazing work with the less fortunate within our community. For those of us who have been so richly blessed with material wealth, it is only fitting that we be considerate of those who are struggling. If God gives so generously to us, how can we be any less generous in helping others? It is important that we teach our young people to be generous and our example is far more powerful than our words when fostering selfless service. So please support this appeal and discuss the merits of this appeal with your children. This is the spirit of humble service that we wish to nurture within our community. In keeping with this ethos, our Year 10 students will be engaged in two weeks of community service after their school certificate examinations.

A number of our Year 10 students have displayed a worrying disregard for their school certificate examinations. While it is true that the school certificate has lost much of its value as a tool to gain employment, with the vast majority of students progressing to Year 11 and 12, it is still a valuable experience in preparation for the higher school certificate that follows in Year 12. If students practise working hard and preparing well for exams, they have less difficulties adapting to the rigours demanded by HSC courses. Good habits are just as hard to break as poor ones. The earlier years, but particularly the school certificate year, is the ideal opportunity to develop the study skills and routines that are necessary to maximise HSC performance. Every subject that students undertake presents a chance to master new skills and techniques. It is our ability to learn that will give us a competitive edge in an increasingly competitive work place. I encourage all of our Year 10 students to give their best in all of their school certificate courses.

At a recent meeting between the heads of the three Coptic colleges, a number of dates were agreed upon for combined activities, some of which will coincide with El Narouz celebrations in September. These events often showcase the tremendous talent that exists within our schools, while some events are an expression of our spiritual unity, while still others represent wonderful opportunities to socialise and enjoy each other’s company. The debating competition that was trialled this year will expand next year to encompass all Years from 5 to 11. We look forward to the combined liturgies and the cultural and sporting competitions.

Over the coming weeks I hope that you will be reading more about our school in the various Coptic publications. We want to increase our enrolments. Our buildings are nearing completion and should be operational in the new school year. It bears repeating that, at the end of this construction phase, the College will have an additional 22 rooms, a new library and hall! There will be plenty of room to expand, so let your friends and relatives who are yet to bring their children to the College know about the exciting new facilities and encourage them to consider St Bishoy Coptic Orthodox College as the school for their children. If you are happy with the College tell others; if you are not happy with aspects of the College, tell me, so that we can continue to improve the educational offerings that we provide.

Once again, thank you to all of the parents who have responded to our requests to improve the safety for children around the college, particularly in the afternoons. Please remember to reverse into parking spots in the afternoon, so that you may drive out. Your patience during the construction phase is appreciated.

I pray that God continues to bless our College Community and all of its endeavours.

Rob Stephenson
Principal
AWARDS

Kindergarten: Tatiana Salama, Augustine Guirguis, Steven Yousif and Marie-Ann Girgis

Year 1
Joseph Gobran
Ana-Maria Guirguis
Mark Anthony Awadalla
Demadious Bulis

Year 2O
Mariam Ghannami
Monica Wasif
Christopher Farah
Beemnet Dereseign
John Kamal

Year 2R
Antony Fouad
Nardine Mekhail
Marina Guirguis
Sean Reddy

Year 3
Kyrillos Matta
Kirlous Mikhail
Tony Girges
Yustina Awad

Year 4
Abanoub Daoud
Ana
Mark Anthony Awadalla
Demadious Bulis

Year 5A
Katrin Farag
Sharbel Moussa
Lydia Bishay
Stepphanie Yousif

Year 5AG
Augustinous Shenouda
Kirollos Nakhla
Phoebie Haroun
Monica Basta

Year 6
Maryam Mikhael
Annasimone Wani
Matthew Daoud
Joe Habashy

Bronze: Primary
Riley Ferrett (4K)

SILVER!!!!
What an amazing achievement!!! Well done to Arsany Yasaa (KH), Shantelle Yalda (KH), Simon Wani (KH), Mina Milad (KH), Joanna Gerghway (1J), Mehraty Michael (2O), Monica Wasif (2O), Mariam Kamal (2O), Angelina Mikhail (2O), Christopher Farah (2O), Marina Pelipos (4K), Bishoy Kamal (4K), Andrew Haj (4K), Monica Ibrahim (4K), Nathan Atalla (6P), Barbara Ayad (6P)

GOLD!!! Congratulations to these Gold achievers, Patrick Ayad (KH), Steven Yousif (KH), Botros Michael (1J), Jonathan Sayegh (1J), Daniel Bishay (20), Philomena Daoud (2O), Marina Rushdy (2R), Nardine Mekhail (2R), Youhanna Yowakem (2R), Nahern Kamel (2R), Demiana Said (4K), Timothy Latai (4K), Peter Ayad (4K), Veronica Bakhoum (5AW), Yostina Boktor (5AW), Monica Girgis (5AW), Mariam Morkos (6P), Jason Saad (6P), Annemarie Hanna (6P).

Pen Licence
Wow!! Well done to these students for receiving their Pen Licences. Well done to Andrew Haj (4K), Patrick Mankarious (4K), Sharbel Moussa (5AW) and Andrew Guirguis (5AW).

PARENT TIP
Respect is very important for adults but most of all students. It is important that students understand that everyone needs to be respected even children who are younger than they are. Not only is it a religious perspective but it is also a community expectation. Respect goes hand-in-hand with manners. Teaching our children good manners and respect at a young age is crucial as they will also teach their children these important values. We teach our children by modeling these things ourselves at home, at work and at school. Please, thank you, your welcome and excuse me are all ways to show respect for one another.

LIBRARY

Term 4 Library Monitors

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<tr>
<th>2R</th>
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<tr>
<td>Stephanous Escandar</td>
<td>Christopher Farah</td>
<td>Abanoub Bolis</td>
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<td>Andrew Bols</td>
<td>Markos Gibryal</td>
<td>Daniella Wasif</td>
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<td>Marina Rushdy</td>
<td>Stella Yousif</td>
<td>Suzan Taktak</td>
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<tr>
<td>Veronica Pelipos</td>
<td>Elaria Hanna</td>
<td>Yostina Medhat Hanna</td>
<td>Maryam Mikhale</td>
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<td>Maryanne Wahhab</td>
<td>Sharbel Moussa</td>
<td>Angela Sidoros</td>
<td>Clare Wahhab</td>
</tr>
<tr>
<td>Riley Ferrett</td>
<td>Andrew Guirguis</td>
<td>Pheobe Haroun</td>
<td>Barbara Ayad</td>
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As the end of the year is fast approaching, all Primary students need to return all their Library books to the library by week 4 (5th of November). For High School students, all books (including text books for class sets) are to be returned by week 6 (19th of November).

If you have any concerns, please do not hesitate to contact the librarian. Please note, any outstanding items after these dates will be considered lost and invoices will be issued to recover the cost of these items.
Mrs Ishag
Sudoku

Hint: Each of the four smaller squares must have one of the numbers 1, 2, 3, and 4.

Joke

What medicine would you give an ill ant?

Dear Parents,

Reports and Interim reports are important documents that should be kept in a display folder for future reference. These reports contain vital information on your child’s educational progress. The school recommends parents purchase a display folder and that all reports and awards are kept in the folder for future reference. This also teaches your child the importance you place on their education. There will be a charge/fee for a request of photocopies of past reports - photocopies of $10 each for half yearly and yearly reports and $5 each for interim reports and for copies of NAPLAN results if they are kept on file.

HIGH SCHOOL SPORT CAPTAINS

Congratulations to these students who are the High School Sport Captains.

Chifley (Blue): Mary Baky and Joshua Roffael.
Hawke (yellow): Silvana Moussa and Paul Bekhit.
Menzies (Rad): Jessica Maimoun and Kiriakos Moawad.
Gorton (Green): Veronica Morkos and Phillip Gerges.

Mrs Narouz

MARKETING

Students from St Bishoy's Coptic College have been studying Technology and Media in recent English units. Their field trip proved very informative as they held discussions with leading Journalists and took a tour through the Rural Presses that produce 2.5 million papers per week.

Queenie Collins embarks on her research of Journalism and the processes involved in constructing a newspaper.
Paul and Lydia consider the computing technologies that are used to construct the newspapers.
Marian Dimitri watches the newspaper inserts robotically placed into newspapers.
New Enrolments:
If your child starts school in 2011 they may start Vacation Care in these holidays once the necessary enrolment forms have been completed. New children must have a minimum of two in-centre days before attending an excursion. New children may not be able to go on some excursions. Please contact me on 0416051487 to arrange an interview.

**VC OFFICE HOURS:**
- Monday and Thursday: 9.15am till 4pm
- Tuesday: 9.15am till 3pm
- Friday: By appointment

Office hours may vary in Term Four. Please phone ahead of time to insure I will be available.

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**Diary Dates**

Friday 12/11/10  Registration Forms **available** for Dec 2010/Jan 2011
Friday 19/11/10  Registration Forms **due back**

**December 2010 VC Dates:**
- Week 1 = Thursday 9th December 2010 and Friday 10th December 2010
- Week 2 = Monday 13th December 2010 till Friday 17th December 2010
- Week 3 = Monday 20th December 2010 till Friday 24th December 2010
- Week 4 = Wednesday 29th December 2010 till Friday 31st December 2010

**January 2011 VC Dates:**
- Week 5 = Tuesday 4th January till Thursday 6th January 2011
- Week 6 = Monday 10th January 2011 till Friday 14th January 2011
- Week 7 = Monday 24th, Tues 25th **CLOSED 26th**, Thur 27th, Fri 28th January 2011

**Disney Live:** We have booked 25 tickets for this live stage show which is held at the Entertainment Centre on Friday 14th January 2011. Secure your seat by completing the Dec/Jan Registration form once it is available. Payment MUST be made to secure your seat.

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As you are aware the Centre closes PROMPTLY at 6pm
If you are going to be later than 6pm please phone and advise the Centre
As per our policy a late fee will be charge of $10 per 15 minutes or part thereof

**PAYMENT OF FEES:** Prompt payment of fees is appreciated. **Outstanding fees must be paid before we can process the December/January VC registration form.** Please speak to me if you are having problems.

For your convenience you can pay directly into our account, **please ensure you include the child’s first and last names as a reference.**

Bank: Commonwealth Bank
Branch: Marrickville
BSB: 062199
Account: 10314179

Account Name: Archangel Michael & St Bishoy Coptic Orthodox Church Vacation Care

We appreciate your commitment to the ongoing improvements at our Centre.

Annie Massey
Coordinator (Mob: 0416051487)
SOMETHING TO THINK ABOUT
Should all children carry their asthma medications?

All children with asthma need prompt and easy access to their asthma medication. Staff and parents/carers should work together to achieve this for each child. Children of a suitable age and ability could carry their own reliever medication with them or at least have quick access to this.

Staff would need to provide this access for younger children such as preschoolers or those with special needs.

If a child’s medication is kept with a staff member, what policies are in place to ensure that they have access to asthma medication quickly and safely?

Despite a child’s age and ability to self-manage their asthma, staff still have a responsibility for supporting children’s health in line with relevant system policy.

Some suggestions:
- In the playground have staff on duty carry an asthma emergency kit so they can provide treatment quickly
- Sending a child experiencing asthma symptoms to a place where medication is kept is not recommended. Sit the child down and provide reassurance whilst reliever medication and a spacer are brought to the child
- Keep the child’s medication in the room they are in and make sure all staff that interact with the child regularly are aware of the child’s condition and know how to respond
- If medications are kept elsewhere such as the school or office or first aid room, have a special slip another child can take to this place so staff know immediately that the child has an urgent request
- Remember asthma medication should never be kept locked in a cupboard or room; it needs to be accessible at all times to staff members

Book Now!
Free asthma training for school and preschool staff –
Do you need to book training for your staff? If so, visit our website www.asthmafoundation.org.au or email training@asthmafoundation.org.au

Term Four 2010

To find out more contact your local Asthma Foundation
1800 645 130 | www.asthmafoundation.org.au

Supported by the Australian Government
BREATHE EASY FOR PARENTS: Asthma and Hayfever season

August to March for many children with asthma or hay fever is a difficult time. There is often an increased amount of pollen carried by the wind which may trigger an asthma ‘episode’ or ‘attack’. Pollens which cause the most problems are from grasses and trees. Major thunderstorms during spring can make things even worse because the combination of pollen, moisture and rapid movement and changes in air pressure leads to the bursting of pollen grains.

See your doctor to make sure your child’s asthma is well controlled, and they are taking the right medications. This will reduce the chance that they will react to pollen. If they still have problems, the following tips may help:

- Always ensure your child has access to reliever medication and encourage older children to carry it with them at all times.
- Make sure your child’s asthma action plan is up to date so you and those who care for your child know what to do if it gets worse.
- Stay indoors whenever possible during the peak pollen season, especially on windy days and during thunderstorms.
- Avoid activities that you know will increase your child’s exposure to pollens that he/she is allergic to e.g. playing in freshly mowed grass.
- Shower after outdoor activities when there are high levels of pollen.
- Use recirculated air in the car when pollen levels are high.

Save the Date! Stay in your PJs for Asthma!

Did you know……..
- 1 in 9 children have asthma.
- Asthma is the leading cause of school absenteeism.

Every day Australian children stay at home from school or childcare because they are unwell due to asthma symptoms. Your school or preschool can help.

In May 2011 you can help raise asthma awareness by holding a Pyjama Day fundraiser at your school or preschool. Mark your calendar now for May 2011. More details will follow so register your interest by emailing or phoning Lucy Jacka on ljacka@asthmafoundation.org.au or 02 9018 0502.

Win two Asthma Emergency Kits valued at $80!

Go into the draw to win two Asthma Emergency Kits for your school when you complete our short survey on asthma and sport.

Click here to complete the survey!

To find out more contact your local Asthma Foundation
1800 645 130 | www.asthmafoundation.org.au

Supported by the Australian Government
ASTHMA AUSTRALIA UPDATE

The take up of free training for school and preschool staff across Australia through the Asthma Foundations clearly indicates that health care planning is an important aspect of ensuring a safe, healthy environment for students, staff and visitors. So far in 2010:-

- 1700 staff training sessions held
- 30000 staff members trained
- 5700 schools have trained staff
- 1100 preschools have trained staff

New resources are now available including asthma first aid posters and information brochures for parents/carers.

Have you helped a child with asthma at your school?

Have you helped a child with asthma at your school? If you have we want to hear about it. Please email your story to als@asthmafoundation.org.au

Help other schools to learn the importance of staff asthma training!

These materials can be downloaded from the Asthma Australia website.

Asthma Australia and Livewire are working in partnership to provide support for young people (10-21yrs) with severe asthma. An online event in November will launch a forum for them and a forum for their parents/carers. More information at Livewire.org.au
Information for Coordinators regarding catch-up vaccinations for Year 7 and Year 10 students

What to do if a child misses out on a dose at school?

| Human papillomavirus (HPV) vaccine | Missed dose 1 – local doctor to administer all 3 doses  
|                                  | Missed dose 2 – local doctor to administer dose 2 and 3  
|                                  | Missed dose 3 – local doctor to administer dose 3 or students can attend a catch-up clinic run by Public Health  
|                                  | If any dose is given at the local doctor, the course needs to be completed at the local doctor |
| Hepatitis B | Missed dose 1 – local doctor to administer 3 paediatric doses*  
|             | Missed dose 2 – local doctor to administer 2 paediatric doses* or students can attend a catch-up clinic run by Public Health  
|             | If any dose is given at the local doctor, the course needs to be completed at the local doctor |
| Varicella (chickenpox) | Catch-up vaccination at subsequent visits to the school this year, at the local doctor or students can attend a catch-up clinic run by Public Health |
| Diphtheria, tetanus and pertussis (dTpa) vaccine | Catch-up vaccination at subsequent visits to the school this year, at the local doctor or students can attend a catch-up clinic run by Public Health |

**Catch-up clinic Locations**

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| **Blacktown** Library – Max Webber Function Room<br>Cnr Fluscombe Rd & Alpha Street<br>Blacktown | Thursday 9th December 2010  
3.30pm – 7.00pm |
| **Springwood Community Health Centre**<br>288 Macquarie Rd Springwood<br>(Next to Fire Station) | Monday 13th December 2010  
3.30pm – 7.00pm |
| **Penrith Community Health Centre**<br>Soper Place Penrith | Thursday 9th December 2010  
3.30pm – 7.15pm |
| **Hawkesbury Community Health Centre**<br>Cnr Day and Macquarie Sts Windsor | Wednesday 15th December 2010  
3.30pm – 7.00pm |

* The School Immunisation Program is approved to use the 2-dose regimen (2 doses of the adult formulation of hepatitis B vaccine) in adolescents 11-15 years of age. This is safe and effective. GPs use the 3-dose regimen (3 doses of paediatric formulation of hepatitis B vaccine), so children who complete the course with the GP need to have the 3-dose regimen.

**Parents will be advised in writing regarding the need for catch-up vaccinations.**

These vaccines are also available free from the local doctor until the end of December 2010. Should you or the parents have any further questions please call the Centre for Population Health on 4734 2022. Further information regarding immunisation is also available at www.health.nsw.gov.au

Yours sincerely,

Denise Gibbons  
Immunisation Project Officer
ADVERTISEMENTS

If you would like to advertise your business, the school will be more than happy to advertise for it in the school newsletter each week. It will cost $25 per term or $100 for the year and we will provide a tax deductable receipt. The advertisements for this week are located on the last page of the newsletter.

First in Best Dressed

There is a resort to rent at Forster 3.5 hour North of Sydney for a weekend $100.00 or the whole week for $250.00 cleaning fees to be paid upon arrival ($30.00) flat rate.

This includes using all the facilities on site (tennis court, table tennis, lawn for a soccer games play area, giant trampoline swing for the kids) board games and balls also available, bike riding swimming pool, boat hiring for fishing or riding at a low rate half or full day.

The unit accommodates 6 people regardless of age. 2 bedroom fully equipped kitchen with microwave TV DVD BBQS in front of the units.

All units are one story level. Close to shops beaches and parks.

Camp site also available with your own tent and use the same facilities. $15.00 per day Available during the month of Sep., Oct., Nov., Dec., Feb. excluding school holiday

For booking please ring Eva on 0405 180533 after 3.30pm
CHURCH SPORTS UNIFORMS ARE IN!!!

The official Sports Uniforms for Archangel Michael & St Bishoy Church are in and look amazing. There are only a limited number of sets in each size so get yours before they run out! These uniforms must be worn at games where the church is being represented. Please note that games for 2011 will be commencing early in the year.

Prices are as follows:

- $20 for the set - Jersey and Shorts
- $15 for Supporters Jersey

We want to thank all those who supported this service through the chocolate fundraising. We were able to raise $2000 to go towards the purchase of the uniforms and therefore sell it at less than cost price. If anyone still has chocolate money that has been forgotten, please bring it in as soon as possible. Thanks again and God Bless you all for your great support. Uniforms will be on sale on Saturday nights at church or please see Mrs Georgette Yassa.